

# Messy Play activity sheet guidance

# **ACTIVITY 116**

### Description of activity

Sensory play \_ this can be used for different topics

## **Equipment required**

Rubber gloves, jelly mix, blancmange mix and small items to go in gloves

#### **Instructions**

The day before - Take some rubber gloves and put some small items in each. Fill each glove with either jelly, water, blancmange mix and put into the fridge/freezer to set (check with the kitchen person to ensure labelled appropriately)

Take the gloves out of the fridge/freezer and place onto your trays, cut the gloves off so you just have the hand shape.

Fill other gloves with different textures and materials.

### **EYFS** benefits

Personal, social and emotional	YES
Physical development	YES
Communication and language	YES
Mathematics	YES
Understanding the world	YES
Literacy	
Arts and design	YES





