

Messy Play activity sheet guidance

ACTIVITY 30

Description of activity

Pizza Making Cooking Class

Instructions

1 Panini/ baguette can make 4 pizzas, each child has 2 pizza to make. Ensure you have put the oven on to pre heat.

Have the ingredients ready on the table in little bowls so the children can decide what they would like to add. Make sure you are talking to the children about the ingredients and let them taste it if they like (providing its not uncooked) Make sure the tomato sauce goes on first.

Once completed you will then need to place them in the oven and cook untill done and serve in the party boxes or plate if they want to eat it straight away.

Equipment required

Panini's/baguettes, Tomato and herb sauce, Cheese, toppings (Sweetcorn, pineapple, hotdogs, tomatos) you can choose what topping you wish.

EYFS benefits

Cooking is a great activity for children, it is a sensory activity as well as learning about the world, improves general skills and can teach them measurements and how to measure. Make sure you get the children involved in the preparations as this is the biggest learning points. Encourage them to feel the different ingredients textures and let them make as much of it as it is safe to. Encourage them to taste as much different foods as possible also.

Personal, social and emotional	Υ
Physical development	
Communication and language	Υ
Mathematics	
Understanding the world	Υ
Literacy	
Arts and design	Υ







