



<p><b>Description of activity</b></p> <p>Cheese, beans and hot dog pastries</p>	<p><b>Equipment required</b></p> <p>Ready made puff pastry, Beans, cheese and hotdogs, egg wash (optional but makes them more golden brown)</p>														
<p><b>Instructions</b></p> <p>Roll the pastry out and cut to the size you make the pastries. Not to big. Have ready in bowls the different ingredients, get the children to decide what ingredients they would like to include in their pastries. Ensure the parents are helping if very young. Put the filling on one side of the cut pastry then roll the other over the top and seal by pinching the edges, these are then complete. If you wish, take to the kitchen and put an egg wash on them and put in the oven.</p>	<p><b>EYFS benefits</b></p> <p>Cooking is a great activity for children, it is a sensory activity as well as learning about the world, improves general skills and can teach them measurements and how to measure. Make sure you get the children involved in the preparations as this is the biggest learning points. Encourage them to feel the different ingredients textures and let them make as much of it as it is safe to. Encourage them to taste as much different foods as possible also.</p> <table border="1" data-bbox="810 846 1497 1104"> <tr> <td>Personal, social and emotional</td> <td>YES</td> </tr> <tr> <td>Physical development</td> <td>YES</td> </tr> <tr> <td>Communication and language</td> <td>YES</td> </tr> <tr> <td>Mathematics</td> <td></td> </tr> <tr> <td>Understanding the world</td> <td>YES</td> </tr> <tr> <td>Literacy</td> <td></td> </tr> <tr> <td>Arts and design</td> <td></td> </tr> </table>	Personal, social and emotional	YES	Physical development	YES	Communication and language	YES	Mathematics		Understanding the world	YES	Literacy		Arts and design	
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### Examples

