

<p><b>Description of activity</b></p> <p>Fruit and Vegetable printing</p>	<p><b>Equipment required</b></p> <p>Different types of fruit or veg (best things are potatoes. Apples, peppers, carrots, Kiwi, orange), white paper, Different colour paints</p>														
<p><b>Instructions</b></p> <p>Have a variety of different fruit and veg for the children to choose from, all cut in half so it has a flat surface.</p> <p>Have paints available for the fruit / veg to be dipped in, let the children print the fruit onto the paper, this can be random or make a picture from it.</p> <p>Talk about the different fruits, how they look inside, which have pips, that you can replant the pips on some, where they come from, who eats them, what animals eat them etc</p>	<p><b>EYFS benefits</b></p> <p>An activity that encourages creativity as well as learning about healthy living and fun.</p> <p>Use the vegetables as a teaching point. Teach the children what each veg is, how they grew, where they grow and the varieties in them. Tell them why it is important to eat vegetables and what sort of foods they go with.</p> <p>Hand eye coordination Learning colours Physical development Art and design</p> <table border="1"> <tr> <td>Personal, social and emotional</td> <td>YES</td> </tr> <tr> <td>Physical development</td> <td></td> </tr> <tr> <td>Communication and language</td> <td>YES</td> </tr> <tr> <td>Mathematics</td> <td></td> </tr> <tr> <td>Understanding the world</td> <td>YES</td> </tr> <tr> <td>Literacy</td> <td></td> </tr> <tr> <td>Arts and design</td> <td>YES</td> </tr> </table>	Personal, social and emotional	YES	Physical development		Communication and language	YES	Mathematics		Understanding the world	YES	Literacy		Arts and design	YES
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