

<p><b>Description of activity</b></p> <p>Scrub those veggies</p>	<p><b>Equipment required</b></p> <p>Messy Play sensory tray, Water, Play Vegetable (From Street) cleaning brush, clothes, blue roll</p>														
<p><b>Instructions</b></p> <p>Use the sensory play tray, fill with water and washing up liquid. Add some fruit from your supermarket and get the children to scrub them,</p> <p>This activity is not just about cleaning, talk to the children about the different vegetables, where they come from, how they grow, what food you may have with them, why we wash vegetable before eating them.</p>	<p><b>EYFS benefits</b></p> <p>A activity that encourages cleaning as well as learning about healthy living and fun.</p> <p>Use the vegetables as a teaching point. Teach the children what each veg is, how they grew, where they grow and the varieties in them. Tell them why it is important to clean the vegetable before eating and what sort of foods they go with.</p> <table border="1" data-bbox="810 857 1497 1115"> <tr> <td>Personal, social and emotional</td> <td>YES</td> </tr> <tr> <td>Physical development</td> <td>YES</td> </tr> <tr> <td>Communication and language</td> <td>YES</td> </tr> <tr> <td>Mathematics</td> <td></td> </tr> <tr> <td>Understanding the world</td> <td>YES</td> </tr> <tr> <td>Literacy</td> <td></td> </tr> <tr> <td>Arts and design</td> <td></td> </tr> </table>	Personal, social and emotional	YES	Physical development	YES	Communication and language	YES	Mathematics		Understanding the world	YES	Literacy		Arts and design	
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### Examples

